**1. Complete the CliftonStrengths assessment online.**

Please follow the instructions below to take the CliftonStrengths assessment and discover your strengths.

1. Visit <https://www.gallupstrengthscenter.com/Register/en-US/Index>
2. Copy and paste the access code **BY76PG57WH76WJ74** into the Access Code field, and then click Continue.
3. Follow the onscreen instructions to create a Gallup Strengths Center account.
4. Once registered, you will be able to take the CliftonStrengths assessment. Please give yourself 45 minutes of uninterrupted time to complete it.

After you complete the assessment, we will be able to view your results to coach you in strengths development.

By applying your access code, you’re entitled to a free copy of the StrengthsFinder 2.0 e-book, which will help you understand the CliftonStrengths assessment and the 34 themes. To download the e-book, sign in to your account and click Download My E-Book on your dashboard.

If you encounter issues with your access code, please contact Miles ([miles@leading-from-within.org](mailto:miles@leading-from-within.org) or 805-252-0856). For all other issues, please view the Gallup Strengths Center Help page (see <https://www.gallupstrengthscenter.com/help/en-US/index>).

**IF YOU HAVE ALREADY COMPLETED THIS ASSESSMENT IN THE PAST…**

* If you still know/have access to your Top 5 Themes, email them (in order) to Miles. Gallup recommends that you avoid taking the assessment a second time; your first results are thought to be “the purest and most revealing.” You can share this access code with someone else who is interested in learning about their signature strengths.
* If you don’t remember/don’t have access to your Top 5 Themes, take the assessment again.

**2. Complete your Personal Best Leadership Experience Reflection**

Complete the *Personal Best* worksheet (see attached). It will take about an hour. Be sure to spend ample time reflecting on the final section – *Lessons Learned*! Bring two printed copies with you.